



**DR. M.K.K ARYA MODEL SCHOOL  
MONTHLY PLANNER  
CLASS – Nursery  
September - 2018**

**Theme of the Month  
"Health & Hygiene"**



**What's happening in the classroom?**

**WEEK - 1**

**(Sep 1,2018 to Sep 7,2018)**  
**English: Recognition of the letter 'K'.  
Revision of the letters A to K. Written  
letter 'F'**  
**Maths – Oral Counting (1 – 15)  
Written Number 3.**  
**E.V.S – Recognition of the Clean and Dirty  
Clothes.**

**WEEK - 2**

**(Sep 10,2018 to Sep 15,2018)**  
**English: Recognition of the letter 'L'.  
Recapitulation of letters A to L,  
Written letter 'E'**  
**Math – Oral Counting (1 – 15),  
Written number 6.**  
**E.V.S. – Activity based on Health and  
Hygiene**

**WEEK - 3**

**(Sep 17,2018 to Sep 22,2018)**  
**English: Recapitulation of the letter A to L.  
Circle the letters E& F.**  
**Math – Oral Counting(1 to 15),  
Written Numbers 3 , 6.**  
**E.V.S. – Recognition of the colour 'Green'.  
Concept of Sit and Stand.**

**WEEK - 4**

**( Sep 24,2018 to Sep 29,2018)**  
**English: Recognition of the letter 'M',  
Match the same letters.**  
**Maths - Oral Counting (1 -15) Circle the  
Numbers 3 & 6.**  
**E.V.S. – Good and Bad habits.**

**Cleanliness and good habits**

- Q.1 How many times should we brush our teeth?  
Ans We should brush our teeth twice a day.**
- Q.2 Where should we throw garbage?  
Ans. We should throw garbage into the dustbin.**
- Q.3 How can we keep our body clean?  
Ans. We can keep it clean by taking a bath daily.**
- Q.4 What should we do before and after meals?  
Ans. We should wash our hands before and after meals.**
- Q.5 How many times should we drink water in a day?  
Ans. We should drink eight glasses of water in a day.**
- Q.6 Should we eat chocolates , toffees or chips?  
Ans. No, they are not good for health.**



## Rhymes for the month of September

**Healthy Habit**

**Brush, brush, brush your teeth,  
brush it everyday!**

**Wash, wash, wash your hands,  
Wash it everyday!**

**Drink, drink, drink your milk,  
Drink it everyday!**

**सभी फलों में सेब है न्यारा**

सभी फलों में सेब है न्यारा  
लाल लाल सा प्यारा-प्यारा  
एक सेब जो रोज है खाता  
डॉक्टर को वो दूर भगाता  
मम्मी मुझको सेब खिला दो  
वरना एप्पल जूस पिला दो।



## Activities

**English Elocution:** ( This activity will be held on Sep 29,2018.) Each student has to recite an English rhyme with a prop. The judgement will be based on the following points.

Learning	Fluency	Props
4	3	3

**Thumb Painting in the grapes:** (This activity will be held on Sep 29,2018.) The students will be given a worksheet with a bunch of grapes drawn on it. The students will be taught to do 'Thumb Painting' to enjoy the fun of colouring. They will be told to colour it in '**green**'.

**Green Colour Recognition:** The children will be given cut outs of triangles, circles and squares and will be told to colour them in '**green**'.

**Outdoor Activity:** The students will be taken to the school lawns. They will be told about the plants, trees and grass to make the concept of '**green**' colour clear.

**Jungle safari:** The children will be shown a documentary movie on animals on Sep 15,2018. Please show them more pictures of animals at home.